



Aspire PE Curriculum Kingswood - Platts Heath - Leeds & Broomfield - Ulcombe

	Reception and Year 1		Years 2,3		Years 4,5,6	
	Activity 1	Activity 2	Activity 1	Activity 2	Activity 1	Activity 2
Term 1	BEAM	Target	Yoga	(Invasion) Tag-Rugby	Yoga	(Invasion) Tag-Rugby
Term 2	BEAM	Infant Agility	(Net/Wall) Badminton	Multi-Skills	(Net/Wall) Badminton	Multi-Skills
Term 3	BEAM	Gymnastics	OAA	Gymnastics	OAA	Gymnastics
Term 4	(Invasion) Dodgeball/Mat ball	Dance	Water Safety (3 lessons) - Oak National Academy (Invasion) Dodgeball/Mat ball	Dance Swimming Year 3	Water Safety (3 lessons) Oak National Academy (Invasion) Dodgeball/Mat ball	Dance Swimming Year 4
Term 5	(Striking/Fielding) Kwik Cricket	(Target) Tri-golf	(Striking/Fielding) Kwik Cricket	(Target) Tri-golf Swimming Year 3	(Striking/Fielding) Kwik Cricket	(Target) Tri-golf Swimming Year 4
Term 6	(Invasion) Netball/Basketball	Athletics	(Invasion) Netball/Basketball	Athletics Swimming Year 3 top up	(Invasion) Netball/Basketball	Athletics Swimming Year 6 top up