## Dear Parent / Carer

A pupil has a severe allergic reaction to peanuts / nuts. This allergic reaction (anaphylactic shock) can occur through ingestion of peanut / nut products, cross contamination and breathing nuts in the air.

We take the safeguarding of our pupils and their medical needs extremely seriously and therefore would like to remind you that we are a 'nut free' school.

Since this condition can be life threatening, we are asking your help by:

- NOT giving children peanuts or nuts in school lunches or snacks
- NOT giving peanut butter sandwiches, other spreads containing nuts such as Nutella and snacks/bars containing nuts or labelled "may contain nut traces" in school lunches or snacks
- Asking children NOT to share their lunches

Due to the severity of the problem, it is important that all parents carry out these measures and reduce the risk of an allergic reaction to this child.

I'm sure that you will understand the importance of these measures especially with the increasing media coverage of food allergies over the last year or so, and we thank you in advance for supporting us in supporting your children here at Kingswood.

Yours sincerely


Mrs L Sanchez Daviu Head of School
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