



Dear Parents/Carers

I am writing to you about a fantastic opportunity that we have available at the Aspire Federation.

We have access to a fully funded Family Autism Awareness course at Leeds and Broomfield School.

This course is designed to:

Help to understand and look at various principles of Autism and the different aspects that can be present.

It is a discussion-based course designed to give parents a better understanding of the spectrum. It also offers practical advice to better support children with communication, behaviour management and coping strategies.

Parenting courses are not interventions, and the tutor will not tell parents “how it’s done”, rather they are discussion-based with time to share experiences, ideas, concerns and possible solutions.

Content will include all/some of the following:

- Discuss the basic principles of autism and the different aspects that can be present
- Discuss different expert theories to gain a deeper understanding of the spectrum.
- Discuss the diagnosis process: what this involves and how to go about it

This is a 4 week programme starting Tuesday on 7th November 2023 until Tuesday 28th November 2023

It will be at Leeds and Broomfield at 1pm until 3 pm and refreshments will be provided.

If you are interested please contact Mrs Coleman ncoleman@aspire-kent.org.uk to request a place. There are 15 spaces available and these will be allocated on a first come first served basis, please can you let me know by 5th October 2023

Thank you

Naomi Coleman SENCO Leeds and Broomfield and Ulcombe Primary.

