



Friday 2nd February 2024

Dear Parents/Carers,

I hope that you all had a good week, nearly the end of the third term!

I am writing with my usual weekly letter of news and information. I can be contacted at exehead@aspire-kent.org.uk between 8am - 5pm Monday to Friday for queries and questions. Also Lauren my PA can be contacted at lriby@aspire-kent.org.uk. Any requests for meetings or appointments can be made through Lauren - thank you.

Children's Mental Health Week-

Monday 5th February-Friday 11th February is Children's Mental Health week with the theme this year being My Voice Matters!

The National Literacy Trust is promoting how reading and writing can support happiness and wellbeing for this year's Mental Health week. There's an array of activities you can access, from colouring to reading ideas, by clicking on the link below. It will take you to their parent portal and 'Words for Life'.

<https://wordsforlife.org.uk/themes/happiness-and-wellbeing/>

Please reference the Wellbeing Newsletter that was sent out earlier this week for more resources and information on supporting your child and each other with any worries or concerns.

ASPIRE ONLY OFFER!

Miss Liddicoat and EMC Academy, are offering 5 children from each Aspire School, **50% off** their February half term soccer school.

5 places are available for boys or girls, from Reception through to Year 6, to attend both days of their February half term soccer school, at Mascalls Academy, Paddock Wood, for just £35. This is a 50% saving! Places will be booked on a first come, first served basis. Once the 5 places at each school are gone, they're gone!

To book your place, please email admin@emc-academy.co.uk or contact them on their Facebook or Instagram page, stating your child's full name, DOB and the name of the Aspire school they currently attend.

Facebook: @EMC Academy

Instagram: @_emc_academy_

Vaccination Clinic-

Emma Masters has kindly and impressively secured Ulcombe School to host a pop up vaccination session. This will be run by the school nursing team of the NHS on **Monday 12th February from 9am-1pm**, taking place in Ulcombe School. The team from the NHS are able to offer several vaccinations to any child (past or present) from the entire Aspire Federation of schools who has missed them.

Please see the letter sent out earlier this week for information on the vaccinations that will be offered on this day.

Activity ideas for the Half term-

Maidstone Museum is hosting an Egyptian craft making sessions - **Tuesday 13th February- Thursday 15th February (10.30am-2.30pm)**.

These are over 3 sessions throughout the day. Tickets cost £3.50 per child, and is suitable for ages 4-11 years.

Tickets can be booked here - <https://www.parkwoodtheatres.co.uk/hazlitt-theatre/whats-on/february-half-term-make-it-craft-sessions>

Buttercups Goat Sanctuary-

Buttercups Goat Sanctuary in Boughton Monchelsea is a lovely experience to roam and relax with the goats and feed them. Entry is free and booking is not required, they do ask for voluntary donations to help keep the goats safe and looked after. The Sanctuary is open Monday-Tuesday and then Thursday-Sunday during the half term.

Wishing you all a lovely and restful weekend.

Kind regards,
Emma Hickling
Executive Headteach