

Friday 13th December 2024

## Dear Parents/Carers,

I hope you have had a great week and are looking forward to the weekend. I am writing with my usual weekly letter of news and information. I can be contacted at <a href="mailto:exechead@aspire-kent.org.uk">exechead@aspire-kent.org.uk</a> between 8am - 5pm Monday to Friday for queries and questions. Also Lauren my PA can be contacted at <a href="mailto:lriby@aspire-kent.org.uk">lriby@aspire-kent.org.uk</a>. Any requests for meetings or appointments can be made through Lauren - thank you.

## **NEFLT Parent Support-**

Information about Online Support Intervention (OSI):

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/video call appointment t with a practitioner. You can access OSI at a convenient time for you using any electronic device!

This support may be suitable for those children who are experiencing problems with anxiety, such as:

- Difficulties being away from caregivers
- General worries
- School worries
- Bedtime fears
- Social worries
- Phobias (e.g. spiders, dogs, injections)
- And more

Visit the following website for more information- <a href="https://apps.nelft.nhs.uk/osi/OSILandingPage">https://apps.nelft.nhs.uk/osi/OSILandingPage</a>

## Kent Police Newsletter-

Please see the link below for the latest edition of the Kent Police Child Centred Policing Newsletter for December 2024. (also attached)

https://docs.google.com/document/d/e/2PACX-1vQt1dQyjgjv9LgyovfT3Hua88iNZd04ts\_qdm-Mp\_HCcwulLM1hvOBYpzBgc3nKiGmT6ax3JuvTSWA/pub

Within the newsletter is a link to a parent online session due to take place Wednesday 22<sup>nd</sup> January 2025 at 4.00pm. The subject for the first session is "Sextortion" which is a form of online intimate image abuse. It involves the threat of sharing images or videos – often 'nudes' or sexually explicit content – to extort money or force someone to do something against their will. Sadly, it is a growing crime and involves offenders creating fake online profiles and then targeting young people.

Also, within the document, are helpful guides for parents around online safety and social media which will be useful when setting up new Christmas presents. There is also an Escooter flyer that covers the legalities with use as these are often popular presents that cost lots of money and can be seized by police.

I have also attached leaflets around Whatsapp and Snapchat parental controls/online safety support, which provides helpful information.

### Bounce

We are thrilled to announce that from January 2025, Aspire Federation will be providing a new provision for children called Bounce.

Bounce is a provision designed specifically by Miss Liddicoat, for selected children to cover a range of alternative activities and learning opportunities to focus on the characteristics of effective learning. The children invited to attend, have been carefully considered by each school and the Senior Senco, Mrs Coleman.



The provision will see children undertake opportunities such as rock climbing, boxing and visits to Leeds Castle.

Platts Heath begin their Bounce journey in term 3. The provision will run for a 6 week block, every afternoon from 1-3pm. Parents of Platts Heath have already been contacted by Miss Liddicoat if their child has been offered a place.

Bounce provision for the other Aspire Schools are booked for:

Term 4 - Leeds and Broomfield

Term 5 - Ulcombe

# Term 6 - Kingswood

We are really excited to start this unique and bespoke provision and look forward to sharing further updates with regards to Bounce in coming months.

## **Ulcombe SIAMs report-**

Ulcombe have received the report from their SIAMS (Schools Inspection of Anglican and Methodist Schools) Inspection. It is incredibly positive and sums up the school as being a 'Small School with a big heart'.

Ulcombe is a very small school with a very big heart. Senior Leaders are passionate about ensuring that pupils, families and staff at Ulcombe flourish. Nurturing support for the whole school community is exceptional.

Worship is also a strength as is the RE curriculum. Collective worship is a joyful and inclusive part of the school day at Ulcombe. Through this, pupils are inspired to embrace the school vision and to demonstrate it at school and in their own lives. Deep and considerable thought has been put into the design of the religious education (RE) curriculum. As a result, it successfully meets the needs of pupils, including those with special educational needs and disabilities (SEND)

Congratulations to staff, pupils and their families at Ulcombe. We are all very proud of you!

#### Free School Meals-

For those families entitled to Free School Meals, please do keep an eye out in your inbox for vouchers for use over the Christmas Break.

Wishing you all a lovely weekend as we enter the last week of term. Please be reminded that Friday 20th December is an Inset day and children are not in school this day.

Kind regards,

Emma Hickling
Executive Headteacher