



Friday 20th June 2025

Dear Parents/Carers,

I hope that you all had a good week.

I am writing with my usual weekly letter of news and information. I can be contacted at exehead@aspire-kent.org.uk between 8am - 5pm Monday to Friday for queries and questions. Also Lauren my PA can be contacted at lriby@aspire-kent.org.uk. Any requests for meetings or appointments can be made through Lauren - thank you.

Water Safety Fun Day-

This exciting, free event will be packed with games and activities for children, plus a chance to meet their firefighters. It will have the same fun, friendly atmosphere as our popular open days – but with a special focus on water safety.

This event will take place on Tuesday 29th and Wednesday 30th July at Tonbridge Castle (TN9 1BG).

You are able to book your FREE tickets here- <https://www.kent.fire-uk.org/our-events>

Healthy Parent Carer Course-

The first Healthy Parent Carer Course run by Kent PACT is set to commence on Monday, September 15th 2025.

The course is conducted in two-hour sessions over a 10 week period. This course exposes parent carers to mindfulness, positive thinking and stress management techniques. It teaches attendees small steps to tip the balance of how they feel in favour of a more positive mindset which benefits their overall wellbeing. This in turn benefits the whole family unit.

This is not a solution based parenting course, it's a course to support parents who are experiencing tough challenges in their lives.

For more information you can email - INFO@KENTPACT.ORG.UK or visit <https://healthyparentcarers.org/>

Understanding Autism Workshop-

Bower Grove School, Maidstone are holding a workshop on Friday 27th June, 10-11.30am. This will discuss topics like, what is autism, difficulties faced and strategies to support at home and in school.

To book a place- psq@bower-grove.kent.sch.uk.

Maidstone Girls Grammar School -

MGGS are hosting a 'Year 5 GloJam Workout.

This is a fun dance based exercise class where the children will dance in the dark with glow sticks! This also allows the opportunity to meet new friends and experience the atmosphere within the School.

This will take place on Wednesday 2nd July- 4.15-5.15pm- to book a place visit- <https://www.mggs.org/joining-us/joining-our-year-7/open-events-for-joining-in-year-7/>

Free School Meal update-

ALL families on universal credit will be eligible for their children to have a free school meal from September 2025. This is now not income stipulated.

If this is something that you have not previously been eligible to access and are on Universal Credits visit the below link to sign up-

https://www.gov.uk/government/news/over-half-a-million-more-children-to-get-free-school-meals?es_c=ACCFA704EC1C12D7D16F68E1ED497DE3&es_cl=74685E4CBD61264EFCDFABC073DADC4D&es_id=ph7

Sporting News-

A team made up of UKS2 children from Leeds and Broomfield, Platts Heath and Kingswood, battled it out in the glorious sunshine last Friday at the annual Dynamo Cricket Festival. As always, the children were a credit to their respective schools as they proudly represented Aspire at the event.

They played 3 x 30 minute games and all bowled, batted and fielded really well. They achieved lots of runs and despite losing the matches,



they were competitive and not easy to beat. Their attitude and performance was a credit to Aspire.

Well done to all who took part!

Please be reminded that next Friday - 27th June is an Inset Day and therefore all children are not in school on this day.

Wishing you all a lovely and restful weekend.

Kind regards,

Emma Hickling
Executive Headteacher